

Interior Paint Checklist

Use this checklist after estimating gallons needed to plan a room painting project from prep to final coat.

PROJECT SUMMARY

Room Dimensions:	
Number of Coats:	
Paint Sheen:	
Estimated Gallons:	
Ceiling Included?:	
Planned Date:	

HOW TO USE THIS CHECKLIST

- 1 Run the Paint Calculator using accurate measurements.
- 2 Confirm number of coats and paint sheen for the space.
- 3 Review each phase before purchasing paint and supplies.
- 4 Verify surface prep needs (patching, sanding, priming).
- 5 Confirm permit or inspection requirements if applicable.

PHASE 1 — PLANNING

- ☐ Confirm paint sheen appropriate for the room (flat, eggshell, semi-gloss).
- ☐ Decide on number of coats based on color change.
- ☐ Check whether primer is needed (color change, stains, new drywall).
- ☐ Confirm trim, ceiling, and wall colors separately if different.
- ☐ Buy all cans from the same batch/lot for color consistency.

PHASE 2 — SITE PREPARATION

- ☐ Clean and patch walls; sand smooth once dry.
- ☐ Remove or cover switch plates, outlets, and hardware.
- ☐ Protect flooring and furniture with drop cloths.
- ☐ Tape edges, trim, and ceiling lines.
- ☐ Prime patched areas or bare drywall before painting.

PHASE 3 — MATERIAL ORDERING

- ☐ Calculate total gallons from wall/ceiling area and coats.
- ☐ Add 10% extra for touch-ups and future repairs.
- ☐ Confirm sheen and finish match across all cans.
- ☐ Order rollers, brushes, and trays sized for the job.
- ☐ Verify ventilation and drying time between coats.

PHASE 4 — QUALITY & RISK CONTROL

- ☐ Maintain a wet edge to avoid visible lap marks.
- ☐ Allow proper recoat time between coats (check label).
- ☐ Check for drips and roller marks before they dry.
- ☐ Remove tape at the correct time to avoid peeling paint.
- ☐ Ventilate the room during painting and drying.

